



EYES for WELLNESS...

expanding your world through neuro optometric rehabilitation

Dr. Mary Wong VanHoy, Developmental Optometrist

2920 East 96th Street – Suite B

Indianapolis, IN 46240

(317) 818-0541 (317) 818-1756 (fax)

www.eyes4wellness.com

Functional Vision Symptom Checklist

Patient Full Name _____

Any of the following symptoms may indicate a functional vision problem. Please read and mark the symptoms that occur. This is a critical step in helping us understand the type and amount of functional vision problem that may exist.

Do you or your child (check all that apply):

1. Skip lines while reading or copying
2. Lose your place while reading or copying
3. Skip words while reading or copying
4. Substitute words while reading or copying
5. Reread words or lines
6. Reverse letters, numbers or words
7. Use a finger or marker to keep place while reading or writing
8. Read very slowly
9. Experience poor reading comprehension
10. Experience difficulty remembering what you have read
11. Hold your head very close (within 7-8 inches) to your reading and/or writing material
12. Squint, close or cover one eye while reading

13. Tilt your head in an unusual posture when reading or writing
14. Experience headaches after intense visual activities such as reading or computer work
15. Notice that your eyes hurt or feel tired after close work
16. Feel unusually tired after completing a visual task
17. Experience double vision
18. Notice that vision blurs at a distance when looking up from near work
19. Experience crooked or poorly spaced writing
20. Notice that print seems to move or go in and out of focus when reading

Function Vision Symptom Checklist.....

page 2

21. Experience poor spelling skills
22. Find that letters or lines “run together” when reading
23. Find that words appear to jump on the page when reading
24. Misalign letters and numbers
25. Make errors when copying
26. Experience difficulty tracking moving objects such as balls, etc.
27. Experience unusual clumsiness or poor coordination
28. Experience difficulty with eye-hand coordination sports such as baseball, etc.
29. Experience an eye that turn in or out
30. See more clearly with one eye than the other with best glasses prescription
31. Feel sleepy while reading
32. Dislike tasks requiring sustained concentration
33. Confuse right and left directions
34. Become restless when working at a desk
35. Tend to lose awareness of surroundings when concentrating
36. Find you must “feel” things to see them
37. Suffer from carsickness or motion sickness

- 38. Experience unusual blinking
- 39. Experience unusual eye rubbing
- 40. Experience dry eyes
- 41. Experience watery eyes
- 42. Experience red eyes
- 43. Experience sensitivity to light

SCORING CRITERIA

Score 3 points for items #1-30

Score 2 points for items #31-37

Score 1 point for items #38-43

15+ Points = Functional vision evaluation recommended

15-20 = Possible functional vision problems

21-30 = Probable functional vision problems

Over 30 = Definite functional vision problem