

## Welcome

**Dr. Mary VanHoy** and the staff at **Eyes For Wellness Indianapolis** are happy you are interested in learning more about the **Sensory Learning Program**. This unique program simultaneously stimulates three sensory channels in a very gentle yet highly effective manner to enhance sensory integration for individuals of all ages.

The **vestibular** system for balance and mobility, the **visual** system for effectively and efficiently gathering and processing visual stimuli, and the **auditory** system for accurately processing various sounds for speech and communication are allowed to synchronize and stabilize an often hypersensitive nervous system.

This multi-modal intervention consists of twelve consecutive days at our office followed by eighteen days of home-based light therapy. The twelve days of therapy in our clinic consists of two 30 minute sessions for children or one 60 minute session for adults on the Sensory Learning Unit. Each session is an individual experience and engages the auditory, visual, and vestibular senses to work in an integrated manner. After the initial twelve days of the SLP sessions, the patient will be sent home with a portable light unit to continue the home based portion of the therapy.

Nationally, 92% of the program participants report improvements in:

- Speech
- Emotional Stability
- Social Interaction
- Gross and Fine Motor Coordination
- Relief from Dizziness, Nausea, "Brain Fog", Fatigue (All symptoms of Acquired Brain Injuries)
- Reduced Anxiety
- Improved Sleep Patterns
- Visual Processing Improvements
- Enhanced Accuracy with Visual Tracking Skills

While the Sensory Learning Program has shown great results as a stand alone procedure for both children and adults, when combined with other therapies, it has consistently shown faster progress and more dramatic changes than would have otherwise been seen with traditional therapy alone.

We invite you to fill out the complimentary assessment and we will contact you to discuss your specific needs and questions. Please contact us at: (317) 818-041 or email: [eyes4wellness1@gmail.com](mailto:eyes4wellness1@gmail.com)

Sincerely,

Dr. Mary VanHoy and Staff



**Treating Children**



**Treating Teens**



**Treating Adults**



**Indianapolis**